

She's starting to find her way in the world and think about the future.

HELP FEED HER FUTURE

WEDNESDAY, NOVEMBER 27, 2019

FEED YOUR FUTURE IS a new and exciting one-day event hosted by **Ag for Life** for **young women in Grades 9 - 12** with an interest in agriculture and food production as a potential career pathway. This unique event, the first of a series, has been designed to showcase the many opportunities that the industry provides to women and to outline the elements of personal success. The first FYF will be held in Calgary with plans to expand to Edmonton and the Lethbridge/Medicine Hat areas next year.

Feed Your Future is designed to empower, connect and inspire a network of young women in Grades 9 - 12!

For more information
or to register, contact:

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fyf

feed your
future

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Five Ingredients To Feeding Your Future:

1. Mental Wellness
2. Physical Wellness
3. Personal Development
4. Building Your Brand
5. Networking & Connections

Directions:

Attend FEED YOUR FUTURE,

a new and exciting one-day event hosted by Ag for Life for young women in junior and senior high school with an interest in agriculture and food production as a potential career pathway!

This unique event has been designed to showcase the many opportunities that the agriculture field provides to women, and to showcase elements of personal success.

This will be the inaugural **Feed Your Future** event, with the goal of reaching young urban and rural women of all backgrounds and ethnicities. The event will be held in Calgary, with plans to expand

to Edmonton, and the Medicine Hat/Lethbridge areas next year. Students will be selected by their teachers to attend on a first come, first served basis. Participants will have the opportunity to hear from industry leaders and distinguished professionals as they explore the topics of physical and mental wellness, brand building, personal development in the areas of education and career choices, and how to effectively network and make meaningful connections for personal success.

Through the generosity of event supporters, each event will host up to 100 participants, provided to them free of charge.

FOR INFORMATION, CONTACT: Melissa McWilliam - mmcwilliam@agricultureforlife.ca

ABOUT THE EVENT SPONSOR

Ag for Life is an Alberta charity that brings together producers, business, government, education and not for profit sectors with a common goal of strengthening the understanding and appreciation of the integral role agriculture plays in society, the environment and the economy.

Our goal is to educate the general public about agriculture's role in feeding the world, elevate support for the agriculture community through meaningful, hands-on educational experiences and keep our farm families safe by greatly reducing the number of farm fatalities and injuries in rural communities.

Ag for Life

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The logo consists of the lowercase letters 'fyf' in a white, cursive, handwritten-style font, centered within a solid green circle.